

### **Transforming Lives, Transforming Communities 2011 NAMI Maryland Education Conference** Friday and Saturday, October 14 and 15, 2011

Sheppard Pratt Conference Center

## YOU'RE INVITED TO NAMI MARYLAND'S 2011 ANNUAL EDUCATION CONFERENCE

### Keynote and plenary speakers include:

• Dr. Joyce Burland, NAMI National Education Director, Retired

- Dr. Lisa Dixon, University of MD School of Medicine
- · Dr. Josh Sharfstein, Secretary, Maryland Department of Health and Mental Hygiene
- Dr. Brian Hepburn, Executive Director, MD MHA

The theme this year, "Transforming Lives, Transforming Communities" highlights the fact that we can make a difference by educating, building awareness and spreading hope. Friday evening, NAMI Maryland is hosting a special Awards Dinner. Recipients include Dr. Joyce Burland, the author of the signature national program, NAMI Family-to-Family Education, Dr. Brian Hepburn, Senator Barbara Mikulski and Senator Ben Cardin. Workshops will be practical, skill-building sessions tailored for specific audiences including non-profit leaders, individuals with mental illness and family members, mental health service providers, and individuals working in the criminal justice arena.

### Here are just some of the workshop topics that will be offered:

- · Treatment in Women with Schizophrenia
- Using a Psychiatric Crisis Resource Kit
- · Eating Disorders: Role of the Family in Treatment
- · Current Issues in Children's Mental Health
- · Smoking Cessation among People with Mental Illness
- · How the Family Can Become Wellness Advocates
- Health Care Reform: How Will It Affect You?
- · The New Federal Parity Law: Know Your Plan, Know Your Rights, Take Action
- · Mood Disorders in Children and Adolescents

#### There will be special tracks for leaders and volunteers in Nonprofits:

- · Social Media Momentum: Your Social Strategy
- · Basic and Intermediate Finance for Nonprofits
- · Listening Skills for Peer Leaders

**CEU's and Certificates of Attendance sponsored by the Mental Health Services Training Center of the University of MD School of Medicine (See attached registration form and website link below for more information)** 

# For more details or to register go to www.namimd.org!

<sup>·</sup> John O'Brien, SAMHSA