About the Presenters

Joan B. Smith, MSW, LCSW Program Administrator, MHA

Marcia Andersen, RN, MS, CSP Chief of Community Services, MHA

Hector Opulencia, MS, CRC, LCPC Program Supervisor, JHU

Robert Canosa, PhD Director of Community Resources – Child and Family Services of Catholic Charities

Michelle Bailey, MSPH, BSN, RN, BC Director of Behavioral Health Program – Wicomico County Health Department

Jacquelyn Pettis, MSN, RN Prevention Education and Outreach Manager ValueOptions

Cathy Myers, LCPC Founder/Executive Director Center for Children

Lynn Gavigan, LCSW-C Clinical Director Eastern Shore Psychological Services

Catherine Gray, MSW, LCSW-C Clinical Director Anne Arundel County Mental Health Authority

Dawn Brown, MS Child and Adolescent Coordinator – Carroll County Core Service Agency

A G E N D A All Locations and Dates

8:30 AM – 8:45 AM Registration

8:45 AM – 9:00 AM Welcome and Overview

9:00 AM –9:30 AM Review of Resilience Chart Applying Core Concepts

9:300 AM – 10:15 AM Group Practice Session

10:15 AM – 10:30 AM Break

10:30 AM – 11:15 AM Group Practice Session

11:15 AM – 11:45 PM Value Options Engaging Families Audit Tool

11:45 AM – 12:00 PM O&A / Evaluations

Directions to each location are available on their websites. Please visit:

Carroll County Health Department

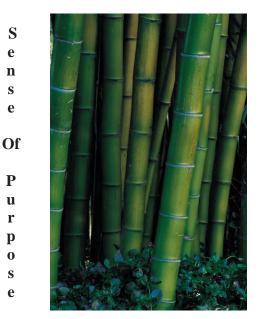
www.carrollhealthdepartment.dhmh.md.gov/

Speech & Hearing Agency of Baltimore

www.hasa.org

Eastern Shore Hospital Center http://dhmh.state.md.us/eshc/
Center for Children www.center-for-children.org

Optimism * Hope * Respect



Competency * Family * Reframe

RESILIENCE: FROM THEORY TO PRACTICE

First Annual Regional Training

Sponsored by
Mental Hygiene Administration's
Resilience Committee
And
Carroll County Core Service Agency



Resiliency is the ability to develop or enhance protective factors that can be utilized in times of stress or adversity. It is seen as the youth equivalent of "recovery."

Those who should attend: Administrators, Clinical Supervisors and Lead Staff of Outpatient Mental Health Centers and Psychiatric Rehabilitation Programs

The goal of this training is to:

- Educate providers on Mental Hygiene Administration's commitment to resilience in a strength based approach
- Define resilience and its core concepts
- Educate providers regarding COMAR mandates related to resilience, and enhance skills for integrating this into service delivery

"The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 3 credit hours of Category I continuing education for social workers and associates licensed in Maryland."

REGISTRATION

Please indicate your selection below and fax to 410-876-4929 or e-mail to brownd@dhmh.state.md.us

April 29, 2011 (Registration deadline April 22, 2011) Eastern Shore Hospital Center 5262 Woods Road Cambridge, MD 21613	
May 2, 2011 (Registration deadline April 25, 2011) Southern Maryland Center for Children 6100 Radio Station Road LaPlata, MD 20646	
May 20, 2011 (Registration deadline May 13, 2011) Carroll County Health Department 290 S. Center Street Westminster, MD 21157	
June 7, 2011 (Registration deadline May 31, 2011) Speech and Hearing Agency of Baltimore* 5900 Metro Drive Baltimore, MD *Parking is not permitted on the Speech and Hearing Agency of Baltimore's parstreet parking is available.	rking lot – Ample free on-
Name: Agency: Phone Number: Fax Number: e-mail: If you require special accommodations, please contact Dawn Brown at 41 brownd@dhmh.state.md.us at least 10 days prior to the event	0-876-4440 or e-mail at