

## About the Presenters

**Joan B. Smith, MSW, LCSW**  
Program Administrator, MHA

**Marcia Andersen, RN, MS, CSP**  
Chief of Community Services, MHA

**Hector Opulencia, MS, CRC, LCPC**  
Program Supervisor, JHU

**Robert Canosa, PhD**  
Director of Community Resources – Child and  
Family Services of Catholic Charities

**Michelle Bailey, MSPH, BSN, RN, BC**  
Director of Behavioral Health Program –  
Wicomico County Health Department

**Jacquelyn Pettis, MSN, RN**  
Prevention Education and Outreach Manager  
ValueOptions

**Cathy Myers, LCPC**  
Founder/Executive Director  
Center for Children

**Lynn Gavigan, LCSW-C**  
Clinical Director  
Eastern Shore Psychological Services

**Catherine Gray, MSW, LCSW-C**  
Clinical Director  
Anne Arundel County Mental Health Authority

**Dawn Brown, MS**  
Child and Adolescent Coordinator – Carroll  
County Core Service Agency

## A G E N D A All Locations and Dates

**8:30 AM – 8:45 AM**  
**Registration**

**8:45 AM – 9:00 AM**  
**Welcome and Overview**

**9:00 AM – 9:30 AM**  
**Review of Resilience Chart**  
**Applying Core Concepts**

**9:30 AM – 10:15 AM**  
**Group Practice Session**

**10:15 AM – 10:30 AM**  
**Break**

**10:30 AM – 11:15 AM**  
**Group Practice Session**

**11:15 AM – 11:45 PM**  
**Value Options**  
**Engaging Families**  
**Audit Tool**

**11:45 AM – 12:00 PM**  
**Q&A / Evaluations**

Directions to each location are available on their  
websites. Please visit:

**Carroll County Health Department**  
[www.carrollhealthdepartment.dhmf.md.gov/](http://www.carrollhealthdepartment.dhmf.md.gov/)  
**Speech & Hearing Agency of Baltimore**  
[www.hasa.org](http://www.hasa.org)  
**Eastern Shore Hospital Center**  
<http://dhmf.state.md.us/eshc/>  
**Center for Children**  
[www.center-for-children.org](http://www.center-for-children.org)

Optimism \* Hope \* Respect

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Competency \* Family \* Reframe

# RESILIENCE: FROM THEORY TO PRACTICE

First Annual Regional Training

Sponsored by  
Mental Hygiene Administration's  
Resilience Committee  
And  
Carroll County Core Service Agency



*Resiliency is the ability to develop or enhance protective factors that can be utilized in times of stress or adversity. It is seen as the youth equivalent of “recovery.”*

Those who should attend: Administrators, Clinical Supervisors and Lead Staff of Outpatient Mental Health Centers and Psychiatric Rehabilitation Programs

**The goal of this training is to:**

- Educate providers on Mental Hygiene Administration’s commitment to resilience in a strength based approach
- Define resilience and its core concepts
- Educate providers regarding COMAR mandates related to resilience, and enhance skills for integrating this into service delivery



*“The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 3 credit hours of Category I continuing education for social workers and associates licensed in Maryland.”*

## REGISTRATION

Please indicate your selection below and fax to 410-876-4929 or e-mail to

[brownd@dhmh.state.md.us](mailto:brownd@dhmh.state.md.us)

**April 29, 2011 (Registration deadline April 22, 2011)**

Eastern Shore Hospital Center  
5262 Woods Road  
Cambridge, MD 21613

**May 2, 2011 (Registration deadline April 25, 2011)**

Southern Maryland  
Center for Children  
6100 Radio Station Road  
LaPlata, MD 20646

**May 20, 2011 (Registration deadline May 13, 2011)**

Carroll County Health Department  
290 S. Center Street  
Westminster, MD 21157

**June 7, 2011 (Registration deadline May 31, 2011)**

Speech and Hearing Agency of Baltimore\*  
5900 Metro Drive  
Baltimore, MD

*\*Parking is not permitted on the Speech and Hearing Agency of Baltimore’s parking lot – Ample free on-street parking is available.*

Name: \_\_\_\_\_  
Agency: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Fax Number: \_\_\_\_\_  
e-mail: \_\_\_\_\_

If you require special accommodations, please contact Dawn Brown at 410-876-4440 or e-mail at [brownd@dhmh.state.md.us](mailto:brownd@dhmh.state.md.us) at least 10 days prior to the event

