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STATE OF MARYLAND
DHMH

**DEPARTMENT OF HEALTH AND MENTAL HYGIENE
MENTAL HYGIENE ADMINISTRATION**

**Maryland's
Adult Consumers
Rate Their
Public Mental
Health Services**

**CONSUMER PERCEPTION OF CARE SURVEY
2010**

CHARACTERISTICS OF ADULT PARTICIPANTS

Gender	Female	71%
	Male	29%
Age	Under 21	9%
	21-30	17%
	31-40	16%
	41-50	26%
	51-60	20%
	61 and older	8%
	Refused/Don't Know	3%
Race	Black or African-American	38%
	White/Caucasian	56%
	More than one race reported	1%
	Refused/Don't Know/Other	6%
Marital Status	Married or cohabitating	10%
	Widowed	4%
	Divorced	21%
	Separated	8%
	Never Married	56%
Education	Refused/Don't Know	2%
	Completed less than high school degree	31%
	Completed high school degree or GED	38%
	Some vocational school or training	3%
	Some college (no degree)	23%
Living Situation	Completed Bachelor's/advanced degree	4%
	House/apartment alone	35%
	House/apartment with family/friends	59%
	RRP/boarding house/foster care home	3%
Employment	Refused/Don't Know/Other	3%
	Unemployed	27%
	Employed full-time	5%
	Employed part-time	9%
	Permanently disabled, not working	43%
	Homemaker/student/volunteer	10%
	Refused/Don't Know/Other	6%

Due to rounding and refusals, totals may not equal exactly 100%.

REPORTED USE OF MENTAL HEALTH SERVICES

Outpatient mental health treatment services	98%
Inpatient mental health services	14%
Psychiatric rehabilitation or day program services	17%
Residential rehabilitation services	6%
Mental health self-help support group	24%

BACKGROUND

The Department of Health and Mental Hygiene's (DHMH) Mental Hygiene Administration (MHA) conducted a Statewide telephone survey to assess satisfaction with and outcomes of services provided by Maryland's Public Mental Health System (PMHS). The Adult Consumer Perception of Care Survey was administered in Fiscal Year 2010 to a sample of adults who had received outpatient mental health treatment services and/or psychiatric rehabilitation services between January and December 2009. A total of **701** adults participated in the survey, representing **18%** of those contacted.

RATING TREATMENT SUCCESS

Adult consumers were asked how they had improved as a direct result of the mental health services they received. Percentages below represent those respondents who "strongly agreed" or "agreed" with the following statements:

76%	I deal more effectively with daily problems.
75%	I am better able to control my life.
70%	I am better able to deal with a crisis.
71%	I am getting along better with my family.
63%	I do better in social situations.
71%	I do better in school and work.
62%	My housing situation has improved.
62%	My symptoms are not bothering me as much.
77%	I do things that are more meaningful to me.
79%	I am better able to take care of my needs.
66%	I am better able to handle things when they go wrong.
69%	I am better able to do things that I want to do.
77%	I am happy with the friendships I have.
84%	I have people with whom I can do enjoyable things.
75%	I feel I belong in my community.
84%	In a crisis, I would have the support I need from family or friends.

RATING SATISFACTION WITH SERVICES

Adult consumers were asked to rate their overall satisfaction with the mental health services they received. Eighty-seven percent (87%) of the respondents "strongly agreed" or "agreed" with the statement, "Overall, I am satisfied with the mental health services I received." Consumers were also asked to rate their satisfaction with specific aspects of the outpatient mental health treatment and psychiatric rehabilitation services they received. The table below shows survey findings, where percentages represent respondents who "strongly agreed" or "agreed" with each item, using a 5-point scale.

SATISFACTION WITH SERVICES	OUTPATIENT TREATMENT SERVICES	PSYCHIATRIC REHABILITATION SERVICES
I like the services that I received here.	89%	90%
If I had other choices, I would still get services from this provider.	84%	86%
I would recommend this provider to a friend or a family member.	88%	87%
The location of services was convenient.	88%	89%
Staff were willing to see me as often as I felt it was necessary.	90%	93%
Staff returned my calls in 24 hours.	85%	90%
Services were available at times that were good for me.	92%	91%
I was able to get all the services that I thought I needed.	84%	85%
I was able to see a psychiatrist when I wanted to.	84%	N/A
Staff here believe that I can grow, change, and recover.	88%	94%
I felt comfortable asking questions about my treatment/rehabilitation and medication.	94%	93%
I felt free to complain.	93%	92%
I was given information about my rights.	96%	96%
Staff encouraged me to take responsibility for how I live my life.	91%	90%
Staff told me what side effects to watch out for.	85%	N/A
Staff respected my wishes about who is and is not to be given information about my treatment/rehabilitation.	95%	93%
I, not staff, decided my treatment/rehabilitation goals.	62%	81%
Staff helped me obtain the information I needed so that I could take charge of managing my illness.	89%	90%
I was encouraged to use consumer-run programs.	73%	87%
Staff were sensitive to my cultural/ethnic background.	93%	93%
Staff respected my family's religious/spiritual beliefs.	94%	96%
Staff treated me with respect.	97%	92%
Staff spoke with me in a way that I understood.	97%	95%