

## 7.21. Targeted Case Management – Adult

### TARGETED CASE MANAGEMENT (ADULT)

#### Principles for Medical Necessity Criteria

Targeted case management Services are provided to assist participants in gaining access to needed medical, mental health, social, educational, and other services.

When participants have a mental disorder that require professional evaluation and treatment, they should be treated at the least intensive setting able to meet their medical needs.

Satisfaction of all admission and continued care criteria must be documented in the clinical record based upon the conditions and factors identified below before treatment will be authorized.

### CRITERIA

<p><b>Admission Criteria</b></p>	<p>The following criteria are necessary for admission:</p> <ul style="list-style-type: none"> <li>A. The participant has a PBHS specialty mental health DSM 5 diagnosis which requires, and is likely to respond to, therapeutic intervention</li> </ul> <p><b>And Either</b></p> <ul style="list-style-type: none"> <li>B. The participant is at-risk of or needs continued community treatment to prevent inpatient psychiatric treatment</li> </ul> <p><b>Or</b></p> <ul style="list-style-type: none"> <li>C. The participant is at-risk of or needs community treatment to prevent being homeless</li> </ul> <p><b>Or</b></p> <ul style="list-style-type: none"> <li>D. The participant is at-risk of incarceration or will be released from a detention center or prison</li> </ul> <p><i>** The specific diagnostic criteria may be waived for the following two conditions</i></p> <ul style="list-style-type: none"> <li>1. An participant committed as not criminally responsible who is conditionally released from a BHA facility, according to the provisions of health General Article, Title 12, Annotated Code of Maryland</li> </ul> <p><b>Or</b></p> <ul style="list-style-type: none"> <li>2. A participant in a BHA facility or a BHA-funded inpatient psychiatric hospital that requires community services. This excludes participants eligible for Developmental Disabilities Administration’s residential services</li> </ul>
<p><b>Severity of Need and Intensity of Service</b></p>	<p>Medical necessity for admission to targeted case management services must be documented by the presence of all of the criteria. Active</p>

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	<p>involvement of the participant, family, caretaker, or others involved in the participant’s treatment should be sought. Levels of service include:</p> <p><b>Level I – General:</b> Is based on the severity of the participant’s mental illness and if the participant meets at least one of the following conditions:</p> <ol style="list-style-type: none"> <li>1. Not linked to mental health and medical services</li> <li>2. Lacks basic supports for shelter, food, and income</li> <li>3. Transitioning from one level of care to another</li> <li>4. Needs to maintain community-based treatment and services</li> </ol> <p><b>Level 2 – Intensive:</b> Is based on the severity of the participant’s mental illness, and if the participant urgently meets more than one of the following conditions:</p> <ol style="list-style-type: none"> <li>1. Not linked to mental health and medical services</li> <li>2. Lacks basic supports for shelter, food, and income</li> <li>3. Transitioning from one level of care to another</li> <li>4. Needs to maintain community-based treatment and services</li> </ol>
<p><b>Criteria for Continued Stay</b></p>	<p>The following criteria are necessary for continuing treatment at this level of care:</p> <ol style="list-style-type: none"> <li>A. The participant continues to meet admission criteria.</li> </ol> <p><b>And</b></p> <ol style="list-style-type: none"> <li>B. The participant is reassessed every six months after the initial assessment.</li> </ol> <p><b>And Either</b></p> <ol style="list-style-type: none"> <li>C. The participant's current/available living environment continues to present barriers to stabilizing them.</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>D. Progress toward initial mental health, medical, social, and educational goals has not facilitated transition to another mental health service and the care plan reflects the necessary changes to address the lack of progress.</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>E. There is evidence that case management services continue to plan for linkage to specific entitlements and/or services that will meet the ongoing needs of the participant.</li> </ol>