

## 7.18. Respite Care – Adult

### RESPITE CARE (ADULT)

#### Principles for Medical Necessity Criteria

Respite care is provided when the caregiver, family member, or participant requires another environment on a short-term basis to support the participant in order to prevent escalation to more intensive levels of care.

In addition to the home environment, respite is an option when participants who live in congregate setting need a hiatus from the interactions with roommates in order to maintain their living environment.

When an individual has a mental disorder that requires professional evaluation and treatment, he/she should be treated in the least intensive setting able to meet the individual's medical needs. Satisfaction of all admission and continued care criteria must be documented in the clinical record based upon the conditions and factors identified below before treatment will be authorized.

### CRITERIA

<b>Admission Criteria</b>	<p>All of the following criteria are necessary for admission:</p> <ul style="list-style-type: none"> <li>A. The participant has a PBHS specialty mental health DSM 5 diagnosis and has emotional and/or behavioral problems which stress the ability of the caregiver to provide for the Individual in the home.</li> <li>B. The family or caregiver's ability to participate in normal activities of daily life in the community, including employment, training opportunities, other family obligations, and social connection is compromised as a result of caring for the individual.</li> <li>C. The additional stress on the caregiver of caring for the participant puts the participant at-risk of out-of-home placement, homelessness, or a higher level of care.</li> </ul>
<b>Severity of Need and Intensity of Service</b>	<p>Medical necessity for the use of respite care must be documented by the presence of all of the criteria. Respite care can be used in a variety of settings to de-escalate situations that put the Individual at risk of losing his/her placement or needing higher levels of care.</p>
<b>Criteria for Continued Stay</b>	<p>The following criterion is necessary for continuing treatment at this level of care:</p> <ul style="list-style-type: none"> <li>A. The participant continues to meet admission criteria (A-C).</li> </ul>