

**Level of Care: Therapeutic Behavioral Services (TBS)- Child and Adolescent**

**I. Principles for Medical Necessity Criteria:**

The Therapeutic Behavioral Service (TBS) Program is a rehabilitative referred service for children and adolescents under 21 years of age. It is designed to provide rehabilitative treatment interventions to reduce or ameliorate the target maladaptive behavior(s) appropriately through restoration of a participant to his/her best possible functional level.

When participants have a mental disorder that require professional evaluation and treatment, they should be treated at the least intensive setting able to meet their medical needs.

Satisfaction of all admission and continued care criteria must be documented in the clinical record based upon the conditions and factors identified below before treatment will be authorized.

<p><b>II. Admission Criteria:</b></p>	<p><i>All of the following criteria are necessary for admission:</i></p> <ul style="list-style-type: none"> <li>A. The participant has a PBHS specialty mental health DSM 5 diagnosis with maladaptive behaviors or symptoms relating to that diagnosis.</li> <li>B. There is clinical evidence that the behaviors or symptoms place the participant’s current living arrangement at risk and create a risk for a more restrictive placement, or prevent transition to a less restrictive placement.</li> <li>C. The services required are rehabilitative, not habilitative, custodial or activities of daily living.</li> <li>D. The participant’s behaviors or symptoms can be safely and effectively treated in the community.</li> <li>E. The participant requires on-site one-to-one behavioral assistance and intervention in order to accomplish outcomes specified in the behavioral plan.</li> </ul>
<p><b>III. Severity of Need and Intensity of Service</b></p>	<p>Medical necessity for admission to TBS Care must be documented by the presence of all of the criteria. Length and frequency of service varies based on the participant’s needs and medical necessity. Although TBS shall be decreased proportionally when indicated by the participant’s progress, TBS will continue to be authorized when it is medically necessary. A parent, guardian or the participant who customarily provides care must be present during the provision of services to participate in the behavioral plan unless there are clinical goals specifically addressed in the behavior plan that require that the parent, guardian or participant who customarily provides care not be present.</p>

<p><b>IV. Continued Stay Criteria:</b></p>	<p><i>All of the following criteria are necessary for continuing treatment at this level of care:</i></p> <ul style="list-style-type: none"> <li>A. The participant continues to meet admission criteria despite treatment efforts, or there is emergence of additional problems consistent with the admission criteria.</li> <li>B. The target outcomes have not yet been reached.</li> <li>C. The services have been decreased proportionally when indicated by the participant's progress.</li> <li>D. There is clinical evidence of symptom improvement using the service. If there is no improvement: <ul style="list-style-type: none"> <li>• the participant was reassessed for new target symptoms, and</li> <li>• the treatment plan has been reviewed and/or a second opinion of the treatment plan.</li> </ul> </li> </ul>
<p><b>V. Discharge Criteria</b></p>	<p><i>Any of the following criteria are necessary and sufficient for planned discharge from TBS services:</i></p> <ol style="list-style-type: none"> <li>1. The consumer turns 21 years old.</li> <li>2. The current behaviors no longer put the consumer at risk of out of home placement.</li> <li>3. The consumer (consumer's family) has reached maximum benefit from TBS services as evidenced by the current care being more habilitative (rather than rehabilitative), custodial, or more focused on activities of daily living.</li> <li>4. The parent, guardian or the individual who customarily provides care is no longer a pivotal part of the behavioral plan, or when the care giver fails to participate as outlined in the behavioral plan.</li> <li>5. The parent, guardian or the individual who customarily provides care has learned to implement the behavioral plan and can continue to independently do so with consultation as needed from an outpatient therapist.</li> <li>6. TBS has proven inadequate in addressing the consumer's needs. Therefore additional or more intensive services are clinically indicated.</li> <li>7. TBS services are no longer medically necessary.</li> </ol>