

## 7.11. Psychiatric Rehabilitation Program – Adult

### PSYCHIATRIC REHABILITATION PROGRAM (PRP) (ADULT)

#### Principles for Medical Necessity Criteria

Psychiatric rehabilitation program (PRP) services facilitate the participant’s recovery and develop or restore a participant’s independent living and social skills, including the participant’s ability to make decisions regarding: self-care management of illness, life, work and community participation; and promote the use of resources to integrate the participant into the community. Services may be provided in an onsite facility, or in a setting most conducive to promoting the participation of the participant in community life.

When participants have a mental disorder that requires professional evaluation and treatment, they should be treated at the least intensive setting that is able to meet their medical needs.

Satisfaction of all admission and continued care criteria must be documented in the clinical record based upon the conditions and factors identified below before treatment will be authorized.

#### CRITERIA

<b>Admission Criteria</b>	<p>All of the following criteria are necessary for admission:</p> <ul style="list-style-type: none"> <li>A. The participant has a PBHS specialty mental health DSM 5 diagnosis included in the priority population and the participant’s impairment(s) can be expected to be stabilized at this level of care.</li> <li>B. The impairment results in at least one of the following: <ul style="list-style-type: none"> <li>▪ A clear, current threat to the participant's ability to live in his/her customary setting</li> <li>▪ An inability to be employed or attend school without support</li> <li>▪ An inability to manage the effects of his/her mental illness</li> </ul> </li> <li>C. The participant’s condition requires an integrated program of rehabilitation services to develop and restore independent living skills to support the participant's recovery.</li> <li>D. The participant must be concurrently engaged in outpatient mental health treatment.</li> <li>E. All participants residing in a RRP must have PRP services available.</li> <li>F. The participant does not require a more intensive level of care.</li> <li>G. All less intensive levels of treatment have been determined to be unsafe or unsuccessful.</li> </ul>
<b>Severity of Need and Intensity of Service</b>	<p>Medical necessity for admission to PRP services must be documented by the presence of all of the criteria. The length and frequency of the services</p>

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	<p>varies based on the participant’s needs and medical necessity. Professional and/or social supports must be identified and available to the participant outside of program hours, and the participant must be capable of seeking them as needed. Active involvement of the participant, family, caretakers, or significant others involved in the participant’s treatment should be sought.</p>
<p><b>Criteria for Continued Stay</b></p>	<p>All of the following criteria are necessary for continuing treatment at this level of care:</p> <ul style="list-style-type: none"> <li>A. The participant continues to meet admission criteria.</li> <li>B. Clinical evidence indicates that the therapeutic re-entry into a less intensive level of care would result in exacerbation of the symptoms of the participant’s mental illness.</li> <li>C. Progress in relation to specific symptoms/impairments/dysfunction is clearly evident and can be described in objective terms, but goals of treatment have not been achieved or adjustments in the treatment plan to address the lack of progress are evident and/or a second opinion on the treatment plan has been considered. (There should be daily progress notes that document treatment and the participant’s response to treatment.)</li> <li>D. There is evidence that the participant, family, caretaker or significant other is involved in treatment in the frequency and manner indicated by the treatment plan.</li> <li>E. There is documented active planning for transition to a less intensive level of care</li> </ul>