## **Level of Care V: Mobile Treatment (Adults)**

**I. Principles for Medical Criteria:** Mobile Treatment Services (MTS) are designed for adults with serious mental disorders which are exemplified by a lack of adherence to traditional services and vulnerability and to provide treatment in the least intensive setting that is able to meet the individual's clinical needs. These services are provided by a multidisciplinary treatment team and are available to the consumer on a 24/7 basis.

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II. Admission Criteria:	All of the following criteria are necessary for admission:
	<ul> <li>A. The consumer has a PMHS specialty mental health DSM-IV diagnosis included in the Priority Population, which is the cause of significant psychological, personal care, and social impairment.</li> <li>B. The impairments result in at least one of the following: <ul> <li>➤ A clear, current threat to the Individual's ability to live in his/her customary setting, or the Individual is homeless and would meet the criteria for a higher level of care if mobile treatment services were not provided; or is in a state institution or inpatient psychiatric facility and with the introduction of mobile treatment level of care would be able to return to living in his/her customary setting.</li> <li>➤ An emerging risk to self, property, or others, or the individual would experience heightened risk in these areas if mobile treatment services were not provided.</li> <li>➤ Inability to engage in, participate in, and benefit from traditional outpatient treatment.</li> <li>C. Inability to form a therapeutic relationship on an ongoing basis as evidenced by one or more of the following:</li> <li>➤ Frequent use of emergency rooms/crisis services for psychiatric reasons.</li> <li>➤ A pattern of repeated psychiatric inpatient facility admissions or long-standing psychiatric hospitalizations or</li> <li>➤ Arrest for reasons associated with the Individual's mental illness.</li> </ul> </li> </ul>
III. Severity of Need and Intensity of Service	The individual's condition requires intensive, comprehensive, integrated assertive mental health treatment, somatic treatment, and psychiatric rehabilitative services provided by a multidisciplinary team providing a minimum of weekly face to face contact to develop and restore
D/ 0 // 10	independent living skills to support an individual's recovery.
IV. Continued Stay Criteria:	<ul><li>One of the following criteria are necessary for continuing treatment at the level of care:</li><li>A. The consumer continues to meet the admission criteria despite</li></ul>
	documented efforts to engage and support the consumer in treatment and rehabilitation, or there is an emergence of additional problems consistent with admission criteria.

- B. There is clinical evidence of symptom or functional improvement; however,
  - the individual continues to be at risk for a higher level of care based on the consumer's response to attempts to reduce the frequency or intensity of services in a planned way or
  - there is documented evidence that the individual is at risk due to the tenuous nature of clinical or functional gains.
- C. There is documented evidence that the consumer has either:
  - Had limited or no progress toward goals and there are changes to the treatment plan and interventions or
  - Had progress toward goals and there are changes to the treatment plan to support the consumer's transition to traditional outpatient services (i.e. scheduling and assisting consumer with appointments, assisting consumer with using public transportation independently, support consumer's efforts to actively participate in treatment, etc.)