



STATE OF MARYLAND

DHMH

Office of Health Services
Medical Care Programs

Maryland Department of Health and Mental Hygiene
201 W. Preston Street • Baltimore, Maryland 21201

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM
Personal Care Services Transmittal No. 53
December 31, 2014

TO: Local Health Departments
Supports Planning Agencies
FROM: Susan J. Tucker, Executive Director
Office of Health Services
RE: Eligibility for Personal Assistance Services

NOTE: Please ensure that the appropriate staff members in your organization are informed of the content of this transmittal.

The purpose of this transmittal is to describe the criteria used to determine the need for personal assistance services covered by Medicaid under **COMAR 10.09.20 Personal Care Services/Community Personal Assistance Services**.

An individual meets the level of care required for personal assistance services in the community if the individual:

1. Requires hands-on assistance to adequately and safely perform one or more activity of daily living (ADL) as a result of a current medical condition or disability; or
2. Requires supervision for performance of one ADL and has cognitive deficits as indicated by a score of less than 10 on the Brief Interview for Mental Status (BIMS) exam from the Minimum Data Set 3.0¹, and needs assistance with at least three instrumental activities of daily living (IADLs); or
3. Requires supervision for performance of one ADL and needs supervision/redirection for at least two of the following five behavior problems: wandering several times a day, hallucinations/delusions at least weekly, aggressive/abusive behavior several times a week, disruptive/socially inappropriate behavior several times a week, and/or self-injurious behavior several times a month.

¹ The BIMS test shall be administered consistent with Nursing Home Transmittal 237.

For purposes of this transmittal, ADLs consist of bathing, dressing, mobility, toileting, and eating. IADLs consist of telephone use, money management, housekeeping, and medication management. Questions regarding this transmittal should be directed to the Community Options Administrative Division at 410-767-1739.

cc: Adult Evaluation and Review Services
Delmarva Foundation for Medical Care, Inc.
Local Health Department Nurse Monitors