

Psychological & Neuropsychological Testing

Principles for Medical Necessity Criteria

Psychological and neuropsychological testing involves the administration of reliable and valid psychological and neuropsychological tests for the purpose of answering specific questions about the consumer's diagnosis and the development of clinically appropriate treatment recommendations. Psychological and neuropsychological testing should not be considered as a routine or normal procedure in an individual's treatment. Specific testing procedures selected by the psychologist should clearly relate to the questions listed on the request for psychological and neuropsychological testing.

Criteria

Specific Medical Necessity Criteria for Psychological and Neuropsychological Testing

- a. Testing request must not be solely for the purpose of vocational or educational assessments.
- b. Testing request should be considered when other interventions are not successful in providing sufficient information with which to establish a diagnosis or to develop an appropriate plan of treatment or prior treatment has not been clinically effective.
 - i. Consumers should have already had a thorough diagnostic evaluation by a licensed mental health professional.
- c. Testing for a medical condition (e.g., stroke, brain tumor, epilepsy, anoxia, head injury, etc.) is the responsibility of the Managed Care Organization (MCO) and should be referred to the MCO for authorization when the primary reason for the request is due to a medical diagnosis.