



STATE OF MARYLAND

**DHMH**

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Maryland Department of Health and Mental Hygiene

Mental Hygiene Administration • Spring Grove Hospital Center • Dix Building  
55 Wade Avenue • Catonsville, Maryland 21228

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary

Brian M. Hepburn, M.D., Executive Director

TO: Directors, Outpatient Mental Health Centers (OMHC) (approved under COMAR 10.21.20)

FROM: Brian M. Hepburn, M.D.  
Executive Director, MHA

RE: OMHC Required Services

DATE: February 25, 2011

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This memorandum is to clarify requirements for programs approved as Outpatient Mental Health Centers (OMHC) under COMAR 10.21.20.

The Mental Hygiene Administration (MHA) requires OMHCs to provide a range of mental health services to meet an individual's needs in order to promote the individual's recovery and resiliency. OMHC services are under the oversight of the Medical Director and are provided by a multidisciplinary treatment team. Services are to be delivered based on the unique needs of each person as articulated in the Individual Treatment Plan.

Individuals with mental health needs are referred to OMHCs. OMHCs must screen and, if indicated, evaluate and treat, all referrals in order to determine if an individual needs OMHC services. Groups of individuals may not be excluded from OMHC service. This includes consumers with a history of or current court involvement.

OMHC services include: mental health treatment including individual, family and group therapy, co-occurring substance abuse treatment, medication services, and on call and crisis intervention services. Psychological evaluation and testing may be provided directly or by referral. Medication services include the prescription and administration of medications. This includes providing medications to individuals through intramuscular (IM) routes/pathways. MHA requires OMHCs to provide medication management services delivered by appropriately licensed health care professionals authorized to perform this function. OMHCs are required to have multidisciplinary team in addition to a psychiatrist.

An OMHC will jeopardize its approval as an OMHC if these services are not available according to the regulations. Please assure that you are providing all services required under COMAR 10.21.20 and other applicable regulations. Thank you.