



September: Recovery Month Revisited

Now in its 26th year, Recovery Month highlights the achievements of individuals who have reclaimed their lives in long-term recovery and honors the treatment and recovery service providers who make recovery possible. The theme for Recovery Month 2015 is Join the Voices for Recovery: Visible, Vocal, Valuable!, which highlights the value of peer support in educating, mentoring, and helping others. There were many exciting activities throughout Maryland during September celebrating transformation. Recovery Walks, fun fairs, talent shows, movie screenings, cook outs and Recovery speakers highlighted events in each County.

October 2015

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The Department of Health and Mental Hygiene, Behavioral Health Administration held SAMHSA's 26th Annual National Recovery Month Kick-Off Celebration on September 11, 2015 at the Rice Auditorium at Spring Grove Mental Health Hospital grounds.



Guest speakers were Lauren Spiro "This is Our Time: Our Dignity, Our Destiny", Steven Allbright "Inside/Outside: A Continuum of Recovery in the Division of Corrections" and Jennifer Padron "The US Peer Workforce and Peer Supports / Services: A State of the State"



One Voice Dundalk

One Voice Dundalk recently held an open house to welcome everyone to their new location at 6718 Holabird Ave. in Dundalk, MD. They hosted speakers from treatment and government organizations and from their peer force with a lunch and balloon launch. In this location, they offer free services for the addicted population. They provide peer support services based from their experiences through peer mentoring, resource connecting, facilitating support and educational groups and offering alcohol and drug-free events for the community. Their mission is to create a healthier community for residents to live, work and play by helping individuals and families find their path to recovery from alcohol/drug abuse and addiction.



New Day Campaign

The New Day Campaign is a 2015 initiative using art to challenge stigma and discrimination associated with mental illness and addiction, making the world a more healing place. Through 92 days, 15 art exhibitions, and 60 public events curated around our virtues and beliefs, the New Day Campaign brings Baltimore together to show that where stigma ends, healing begins. [Learn More](#)

Starting on October 1, 2015, and running for 92 days, the New Day Campaign will present 15 art exhibitions and 60 public events, and conduct a community outreach campaign in the Baltimore region that will open hearts, change thinking and conversations, and offer pathways to action. Our vision is that those who suffer from mental illness and addiction are met with compassion and acceptance rather than fear and judgment. Peter Bruins is the founder of the New Day Campaign. Peter and his family lost their oldest daughter from a heroin overdose. To learn more and about events in your area click on the link: <http://newdaycampaign.org/>

FREE NARCAN TRAINING

Your Local Addiction Authority can provide you with information where this life saving medication is being offered to your community. Narcan reverses the effects of an opioid overdose until 911 help arrives.





UNITE to Face Addiction Event in Washington, DC

October 4, 2015 was a history-making day in the effort to face addiction. Tens of thousands of people showed up and 700 partners joined together for the first-ever rally and concert on the National Mall. There were incredible performances from Joe Walsh, Steven Tyler, Sheryl Crow and many others, and the Surgeon General announced the country's first ever report on addiction. This was the beginning of changing the conversation from problems to solutions for addiction in America. This was an awareness effort co-founded by Greg Williams, Director of the movie Anonymous People. For more information about Facing Addiction, go to www.facingaddiction.org.



OUTREACH at Medicated Assisted Treatment Centers

Beacon Health Options® Peers participated in health information fairs hosted by AmeriGroup Managed Care Organization (MCO) at several treatment locations in Baltimore City. Blood pressure screenings with heart disease prevention information was given. Peers talked with many people about services and support given at local Wellness & Recovery Centers. We gave out mental health and substance use disorder information. Many were interested in the Maryland Certification for Peer Recovery Support process. We were warmly welcomed and plan to engage in future projects with AmeriGroup.

A health fair was held at the Helping Hands treatment center in Baltimore. They serve over 1,500 people each day! Thank you for having us.

