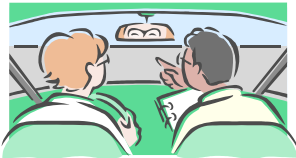


Have you ever heard of recovery described as a *journey*?

Well, get ready, 'cause we're about to embark on a RECOVERY ROAD TRIP!

Of course, anyone going on a road trip is gonna need a vehicle, right??!! What are you driving? If you're hoping to go any distance at all on this road trip of recovery, you'd better be driving a "hope-mobile"!

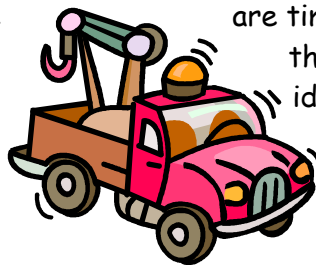
HOPE is the vehicle that gets you on your way to recovery!



Anyone desiring to drive a car, and sometimes also those who wish to *keep* their licenses, must go to Driver's Ed. Why? Because lots of knowledge and information are needed in order to make good decisions as a driver.

EDUCATION is critical to success in staying on the road to recovery!

Once we're on that road, there course, a good driver knows the way is a very, very good only provide assistance with a with directions for your having access to good you're on the road!



are times when we may need some assistance. Of that calling for help during a breakdown along idea. A membership with Triple A will not breakdown or a flat tire, they will also help vacation and many other added bonuses.

SUPPORT is definitely the way to go when

How many of us have those memberships, through, and then find that, when it's time to call, we can't seem to get the help we need. Frustrated with the situation, we just pitch the cell phone out the window along the highway. Or, when calling for directions, we're unable to answer all those questions about where we are and where we're going. This is where the power of **SELF-ADVOCACY** comes in to play! Effective communication skills are one of those power tools you definitely don't want to be without!



No one likes a journey with lots of starts and stops along the way, and nothing will slow you down like losing your keys! Of course, it's even worse when you find you can't even get on the road in the first place because *someone* won't even let you have the keys...! Being able to have, and keep track of, those keys requires a certain level of....yes, you've got it, **PERSONAL RESPONSIBILITY**. A major key to success on this recovery trip and in the journey of life!

So where will your car take you? What's the purpose of this trip?



Where are you headed? What is your destination? Why embark on the journey in the first place? Is there something greater than this place that you're after? Only *you* know the answers to those questions! You're the drive! It's *your* road trip, my friend.

It's your own **SPIRITUALITY** that gives meaning and purpose to the trip. Drive on!

