

Spirituality



Spirituality is an
essential part of
recovery

Self-Advocacy



Focus on what you
want to achieve

Education



Knowledge
empowers you

Personal Responsibility



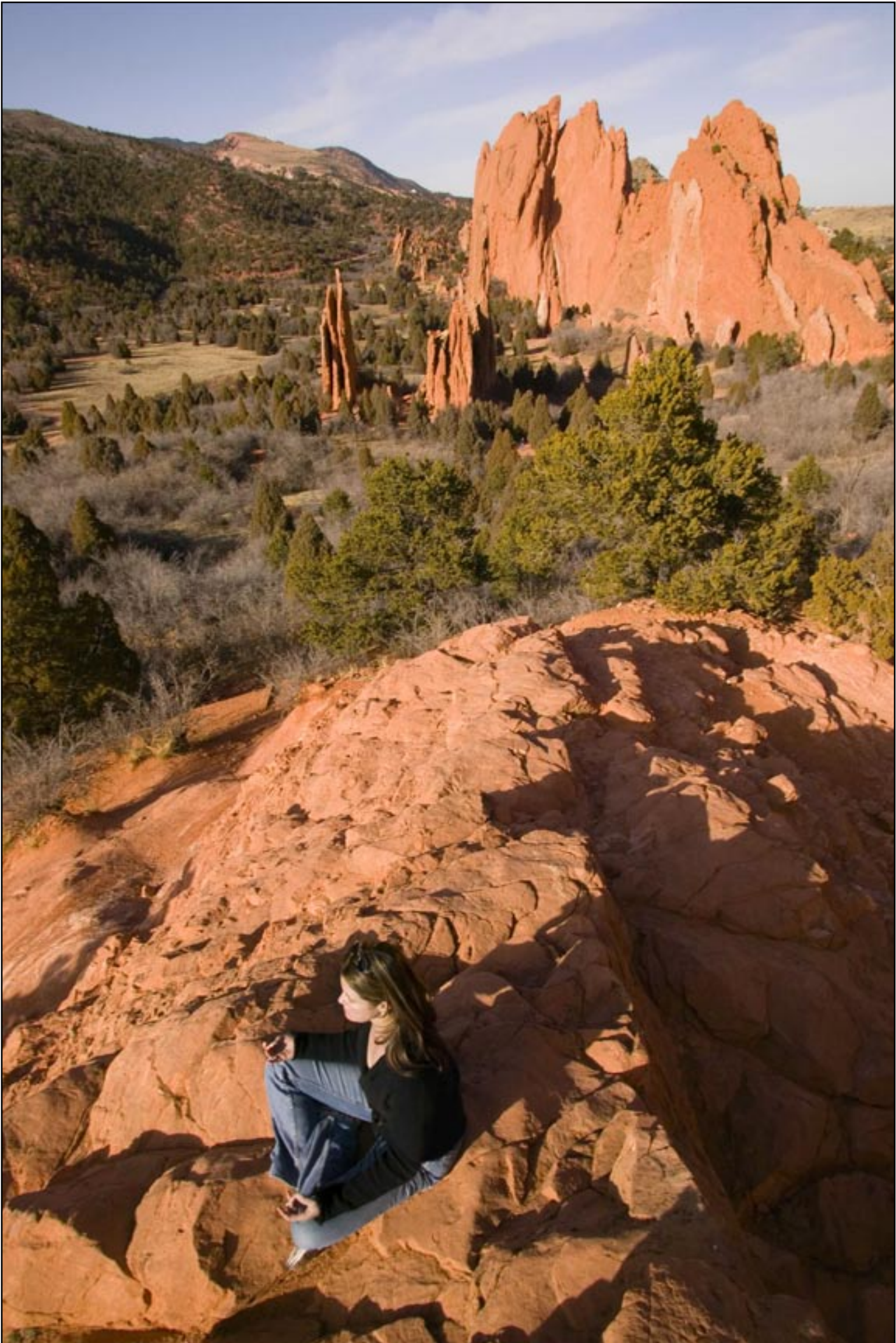
Choices you make
have the best
outcomes

Personal Responsibility



Good choices help
you achieve goals

Hope



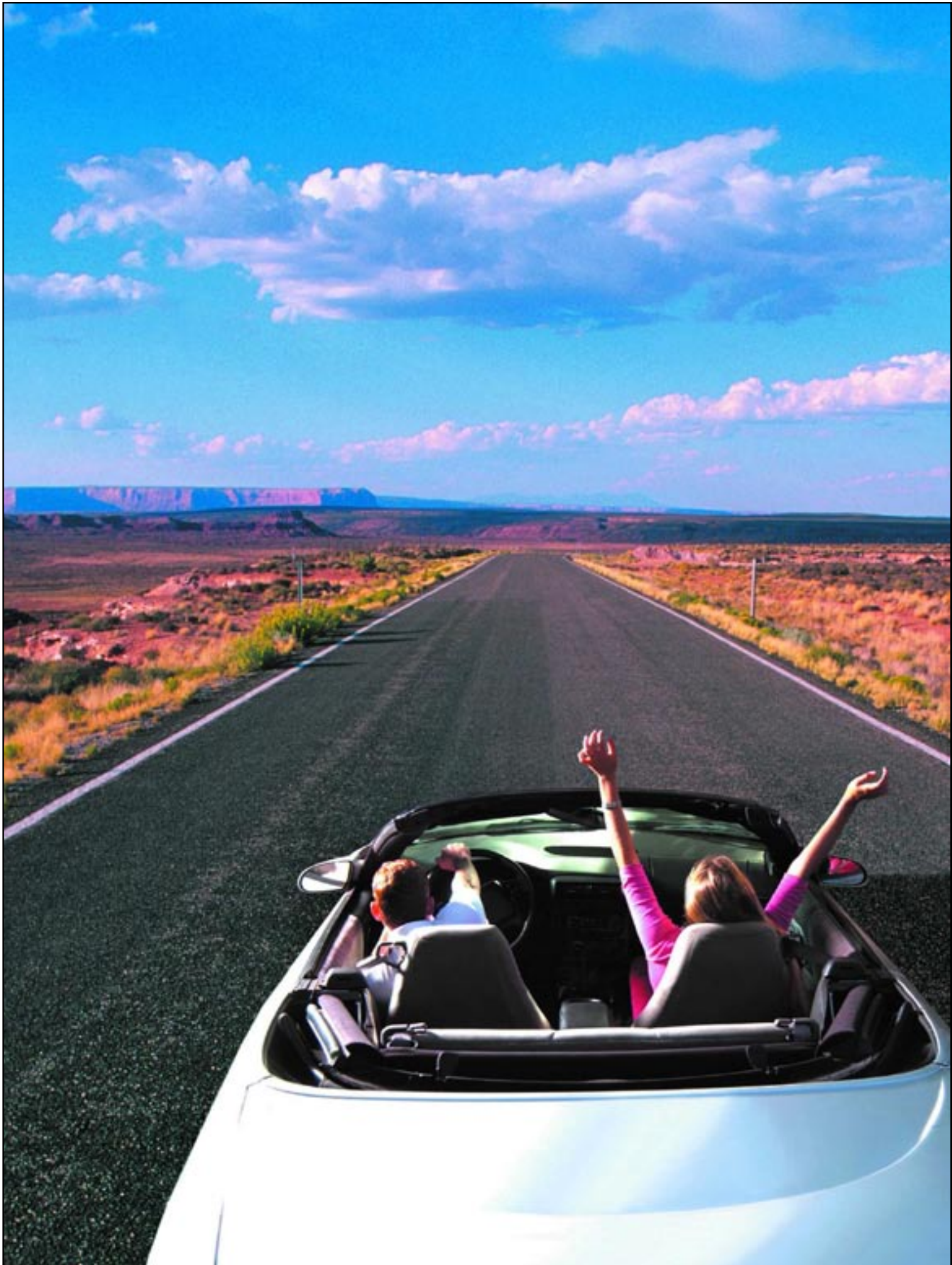
Goals can be achieved

Hope



Opens the door
to change

Recovery



You develop the path
to reach your goals

Support



Everyone needs a
support network